

026 - Signposting coasters in StUdio

Proposer – Bethany Robinson, Mental Health Officer.

Union Notes

1. There are currently no signposting coasters in the student's union bar, or anywhere else on campus.
2. In a recent study conducted by University College London, titled 'Covid-19 Social Study' it is reported that in the past 28 weeks, 'levels of depression and anxiety are still highest in young adults, people living alone, people with lower household income, people living with children, and people living in urban areas. People with a diagnosed mental illness have still been reporting higher levels of symptoms.'
3. The Student's Union bar, StUdio, will see a high footfall of students who live on campus and therefore will see high engagement with new coasters.

Union Believes

1. Student Mental health is of high importance to both Leeds Trinity University and the Student's Union, and any actions or campaigns that may help with this should be considered.
2. Implementing signposting coasters that include contact information for mental health services is a small yet effective way to increase awareness of the support available to students.
3. With the continuing Coronavirus Pandemic it is crucial that we stand in solidarity with all students facing mental health difficulties at this time.

Union Resolves

1. Mental Health Officer to work with the Vice President and union staff to ensure appropriate purchase and design of the coasters.
2. To input coasters in StUdio, and around university in communal areas.
3. To promote the new coasters using social media platforms.