

037 – Permanent Self Defence Sessions

Proposer: Kelsey Howard-Matthews (Women's Officer)

Union Notes

1. LTU does not currently offer self defence classes for anyone, including women and people from the LGBTQ+ community
2. YouGov survey carried out by UN Women UK found that only 4% of women report incidents of sexual harassment, while an overwhelming 96% remain dubious about the UK authorities' capacity to handle an incident like this
3. 44 students on student say agree self defence should be something on campus.

Union Believes

1. Self-defence classes are an effective way of making people feel more confident walking down the street regardless of the location or time
2. Self defence classes are in demand by students
3. The use of self defence classes can change the perspective students have on nights out. Providing them with a sense of safety within themselves which is not something we can always entrust on other people because we don't know who we can trust in today's society. Self defence gives us the ability to trust ourselves.

Union Resolves

1. To mandate the Vice President, Women's Officer, and LGBTQ+ Officer to write a proposal for self-defence classes for women and members of the LGBTQ+ community to be a permanent class offered by Trinity Fitness
2. To involve the SU Activities Coordinator to try a give it a go session to see what number of students would be interested. This would be a one time event put on by Students Union but would provide relevant statistics in the amount of people interested.
3. Liaise with other societies and sports clubs to advertise these sessions. Advertising could be through the use of social media or simply word of mouth.

Motion passed: 01/11/21