# 032 - Bleed Green- Menstrual cups

### Proposer: Laura Pickering

### **Union Notes**

1. There is currently no provision of menstrual cups in the Students' Union (SU Shop).

2. Menstrual cups offer a sustainable alternative to disposable sanitary products.

## **Union Believes**

1. Disposable sanitary products indicate a massive impact on the environment as tampons, pads and panty liners creating around 200,000 tonnes of waste per year, and they all contain plastic, pads are around 90% plastic.

2. Although every person's cost is different, the average cost of periods is about £128 a year, or £10 a month. Which is a lot for students to budget in.

## **Union Resolves**

1. To sell menstrual cups, as an alternative to disposable sanitary products, in the SU shop to help them be easily accessible for our students.

2. Vice President and Sustainability Officer to run a campaign whereby the Students' Union give free cups to x number of students if they turn up to the event, thereby promoting the use of them.